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The Parish Church of All Saints St Ives

10 March 2019, the First Sunday of Lent

SERVICES TODAY

10.15 Sung Parish Eucharist (The Vicar)

17.00 Lent Group in Church

Services and events for this Week

Monday to Friday: Morning Prayer will be said at 09.00

11 Mon	09.00	Church in the Market Place
	09.30	Holy Communion (BCP)
	19.30	Bell-ringing Practice
12 Tues	09.30	Healing Eucharist
	10.30	Lent Group at The vicarage
	14.00	Lent Group at The Vicarage
	20.00	Lent Group at The Vicarage
13 Wed	09.30	Requiem Mass
14 Thurs	09.30	Mothers' Union Eucharist
	19.30	Choir Practice
15 Fri	09.30	Reconciliation Eucharist
	12.00	Rosary Hour
	19.30	Stations of the Cross at All Saints

NEXT SUNDAY, 17 March, is the Second Sunday of Lent

10.15 Parish Eucharist

16.00 Contemplative Prayer

17.00 Lent Group in Church

Please take this booklet with you when you leave

Welcome to All Saints today

If you are new or just visiting, please do stay in Church after the service

for coffee and fellowship.

Throughout this booklet where indications for posture are given please treat these as being for guidance only and should it suit you better to adopt an alternative posture please feel free to do so.

Large print copies and gluten-free wafers are available.

Please speak to a steward if you need either of these.

Please use the time
BEFORE the SERVICE
to **TALK TO GOD**
and
AFTER the SERVICE
to **TALK TO EACH OTHER**

Before the service starts you may find it helpful to reflect, in quietness, on the following texts:

Hear the words of comfort our Saviour Christ says to all who truly turn to him:
Come to me, all who labour and are heavy laden, and I will give you rest.
(*Matthew 11: 28*)

Hear what Saint Paul says:
This saying is true, and worthy of full acceptance, that Christ Jesus came into the world to save sinners. (*1 Timothy 1: 15*)

Hear what Saint John says:
If anyone sins, we have an advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. (*1 John 2: 1, 2*)

¶ *Please stand when the bell is rung for the **Processional Hymn***

Be thou my vision, O Lord of my heart,
Be all else but naught to me, save that thou art,

more about what this is you can speak to either Fr Mark or Fr Alex.

Stations of the Cross

Again we are holding **Stations of the Cross** throughout Lent with our brothers and sisters at the Church of the Sacred Heart. The dates and venues are as follows: 8, 22 March and 5 April at Sacred Heart; 15, 29 March and 12 April at All Saints. All start at 19.30

Come and sing Evensong at Ely Cathedral, Saturday 16th March

On Saturday 16th March, Hugh Morris, the new director of the RSCM (Royal School of Church Music) will be conducting a 'Come and Sing' Evensong at Ely Cathedral - rehearsal starts at 3pm with the service at 5.30pm. If you would like to take part, please email Lydia.Cant@elyrscm.org.uk. For more details see <https://elyrscm.org.uk/events>

Easter Lilies

As is our custom at All Saints we will decorate the church with lilies at Easter. Donations towards their cost are invited, especially from those who may wish to remember a departed loved one in this way. There is a yellow collecting tub by the door for the money and a list for the names of those to be remembered, If you wish to pay by card then please use the terminal by the refreshments where you will find an Easter Lilies Donation Button.

CONTACT DETAILS

If you would like to know more of what is happening in your parish, please visit the calendar on the parish website www.stivesparishchurch.org.uk or contact :

Vicar (Revd Fr Mark Amey) vicar@stivesparishchurch.org.uk
telephone 01480 384334 or 07905 122090

Parish Safeguarding Officer:

Peter Smith 01480 461329 or 07711 131573
safeguarding@stivesparishchurch.org.uk

Mick Bacon, Cheryl Cook, Chris Stephens, Ethel Cooper, Gary James, Cyril Whitfield, Peter Dillon, Jo Rogers, Rita Fearing, Phil Spaven, Bea Maggott, Audrey, Philip, Carol, David, Christopher, Phillip. Sophie, Daniel, Robin, Charlotte and Fr Jeff Vaughan

THE DEPARTED:

Daniel McGuigan, Robin Shannon, Cynthia Pocock, Denis White.

YEAR'S MIND:

William Bennett (12th), Marion Steele (12th), Michael Barrett (14th), Aubrey Seymour (14th), Robert White (14th), Christine Stephens (14th), Leslie Fisher (15th), Richard Ashurst (16th)

NOTICES

Electoral Roll Renewal

The Electoral Roll is now being renewed preceding our Annual Parochial Church Meeting. Please fill out an application from if you are eligible for inclusion. This year, no names can be carried forward to the new roll: EVERYONE NEEDS TO FILL OUT A NEW FORM THIS YEAR! If you are unsure about this, please speak to Gary Evans (our Electoral Roll Officer), The Vicar or either of the churchwardens.

Lent Courses

These start this evening at 17.00 in Church. During this week we meet at the Vicarage on Tuesday at 10:30, 14:00 and 20:00 as well as Saturday in Church at 10:00 then again for the next week on Sunday at 17:00. Each session will last about an hour and you can come to any one you like! We are using the Pilgrim Lent Course materials/ For a daily email with the Reading, Reflection Prayer and Action please visit www.churchofengland.org/pilgrim and sign up. IT IS FREE!

Confession

Lent is the traditional time for Christians to make confession and receive the Sacrament of Reconciliation. If you would like to make your confession please speak to Fr Mark and if you would like to know

Be thou my best thought in the day and the night,
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
Be thou ever with me, and I with thee, Lord,
Be thou my great Father, and I thy true son,
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight,
Be thou my whole armour, be thou my true might,
Be thou my soul's shelter, be thou my strong tower,
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise,
Be thou my inheritance now and always,
Be thou and thou only the first in my heart,
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won,
Great Heart of my own heart, whatever befall,
Still be thou my vision, O Ruler of all.

Words: Anon. Irish, probably 8th Century; English versification by Eleanor Hull (1860 – 1935), based on a translation by Mary Byrne (1880 – 1931)
Tune *Slane*: Traditional Irish melody, harmonised by MHE

¶ Remain standing for the Invocation and Greeting

† In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you **and also with you.**

¶ Please sit or kneel for the Introit (the Lent Prose)

Repeat the Response after the Cantor:



Cantor: To you, Redeemer, on your throne of glory,

lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications.

All: Hear us, O Lord (*as above, once only*)

¶ *Remain seated or kneeling for the* **Prayers of Penitence**

The Priest says the Summary of the Law

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

Amen. Lord, have mercy.

Almighty God, long-suffering and of great goodness:

I confess to you, I confess with my whole heart

my neglect and forgetfulness of your commandments,

my wrong doing, thinking, and speaking;

the hurts I have done to others,

and the good I have left undone.

O God, forgive me, for I have sinned against you;

and raise me to newness of life;

through Jesus Christ our Lord.

Amen.

Almighty God, who forgives all who truly repent,

have mercy upon you, † pardon and deliver you from all your sins,

confirm and strengthen you in all goodness,

and keep you in life eternal; through Jesus Christ our Lord.

Amen.

¶ *Remain seated or kneeling for the* **Kyrie**

Evermore from his store
New-born worlds rise and adore.

Daily doth th’Almighty giver

Bounteous gifts on us bestow;

His desire our soul delighteth,

Pleasure leads us where we go.

Love doth stand at his hand;

Joy doth wait on his command.

Still from man to God eternal

Sacrifice of praise be done,

High above all praises praising

For the gift of Christ his Son.

Christ doth call one and all:

Ye who follow shall not fall.

Words: Robert Bridges (1844 – 1930), based on a German text by Joachim Neander (1650 – 1680) Tune *Michael*: Herbert Howells (1892 – 1983)

¶ *Remain standing for the* **Blessing**

The Lord be with you

and also with you.

Christ give you grace to grow in holiness,

to deny yourselves, take up your cross, and follow him;

And the blessing of God almighty, † Father, Son, and Holy Spirit,

Rest upon you now and remain with you always

Amen.

The Dismissal

Go in the name of Christ

Thanks be to God.

*In accordance with an ancient tradition, there are no Organ
Voluntaries during Lent, except on the Fourth (Mothering) Sunday*

PLEASE REMEMBER IN YOUR PRAYERS

Martha I entertaining one of her closest friends. Yet she is worried and distracted by many things—an image of many people’s lives and, too often, of the Church.

Mary is poor in spirit. She sits at Jesus’ feet and listens to what he is saying. She has chosen the better part. It will not be taken from her.

We cannot escape our past, our worries or our sense of emptiness on our own. Help is at hand as we admit our need of God in poverty of Spirit and find the kingdom of heaven.

Pilgrim Prayer

Imagine yourself sitting at the feet of Jesus and spend some time listening to what he is saying

Pilgrim Act

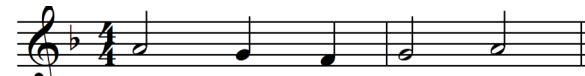
How will you live out Mary’s priorities and attitude in you daily life?

¶ *Remain standing for the* **Final Hymn**

All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown, he alone,
Calls my heart to be his own.

Pride of man and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tower and temple fall to dust.
But God’s power, hour by hour,
Is my temple and my tower.

God’s great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.



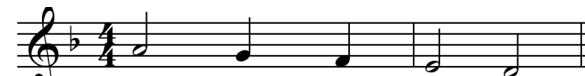
Cantor: Lord, _____ have mer - cy.

All: Lord, _____ have mer - cy.



Cantor: Christ, _____ have mer - cy.

All: Christ, _____ have mer - cy.



Cantor: Lord, _____ have mer - cy.

All: Lord, _____ have mer - cy.

¶ *Remain seated or kneeling for the* **Collect**

The Priest introduces a period of silent prayer with the words
Let us pray.

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen.

¶ **The Liturgy of the Word**

¶ *Please sit for the* **First Reading** (Deuteronomy 26: 1—11)

At the end the reader says:
This is the word of the Lord.
Thanks be to God.

¶ *Remain seated for the* **Responsorial Psalm** (Ps. 91)

and join in singing the Response

Response and Chant: MHE



Be with me, Lord, in my dis - tress.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: 'My refuge,
my God in whom I trust!' (*Response*)

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways. (*Response*)

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon. (*Response*)

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you.'
I will save him in distress and give him glory. (*Response*)

¶ *Remain seated for the* **Second Reading** (Romans 10: 8b—13)

At the end the reader says:

This is the word of the Lord.

Thanks be to God.

¶ *Please stand for the* **Gospel Acclamation**
and turn towards the Gospel reader

Please repeat the Response after the Cantor:

Praise the precious blood.

Words *Viva! viva! Gesù:* Anon (Italian),
translated by Edward Caswall (1814—1878)
Tune *Caswall:* Friedrich Filitz (1804—1876)

¶ *Please stand for the* **Prayer after Communion**

The Priest introduces a period of silence saying Let us pray.

Lord God, you have renewed us with the living bread from heaven;
by it you nourish our faith, increase our hope and strengthen our
love: teach us always to hunger for him who is the true and living
bread, and enable us to live by every word that proceeds from out
of your mouth; through Jesus Christ our Lord. **Amen.**

¶ **The Dismissal**

Notices

Pilgrim Gospel

'You are worried and distracted by many things there is
need of only one thing.' *Luke 10:38-48*

Now as they went on their way, he entered a certain village, where a
woman named Martha welcomed him into her home. She had a
sister named Mary, who sat at the Lord's feet and listened to what
he was saying. But Martha was distracted by her many tasks; so she
came to him and asked, 'Lord, do you not care that my sister has left
me to do all the work by myself? Tell her then to help me.' But the
Lord answered her, 'Martha, Martha, you are worried and distracted
by many things; there is need of only one thing. Mary has chosen
the better part, which will not be taken away from her.'

Pilgrim Reflection

*Anxiety and fear accumulate in people, in families and communities.
We can be anxious about our appearance, about what others think,
about whether life is fair, about our past or our future. Anxiety can
steal joy, calm and fulfilment,*

is welcome to receive communion at this service. Alternatively you may wish to come for a blessing; please keep your hands down and your head bowed to indicate that this is your preference.

¶ Please join in singing the **Communion Hymn**

Glory be to Jesus,
Who, in bitter pains,
Poured for me the life-blood
From his sacred veins.

Grace and life eternal
In that blood I find;
Blest be his compassion,
Infinitely kind.
Blest through endless ages
Be the precious stream,
Which from endless torment
Doth the world redeem.

Abel's blood for vengeance
Pleaded to the skies;
But the blood of Jesus
For our pardon cries.

Oft as it is sprinkled
On our guilty hearts,
Satan in confusion
Terror-struck departs.

Oft as earth exulting
Wafts its praise on high,
Hell with terror trembles,
Heaven is filled with joy.

Lift ye then your voices;
Swell the mighty flood;
Louder still and louder



Cantor: Man does not live on bread alone,
but on every word that comes from the mouth of God.
All: Praise to you, O Christ, King of eternal glory.
(as above, once only)

¶ Remain standing for the **Gospel Reading** (Luke 4: 1—13)

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

At the end of the Gospel the reader says:
This is the Gospel of the Lord.
Praise to you, O Christ.

¶ Please sit for the **Sermon**

Mr Richard Hough (Reader)

¶ Please stand for the **Nicene Creed**

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

Please bow for the next three lines:

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

¶ Please sit or kneel for the **Prayers of Intercession**

*The priest introduces the prayers
To the bidding Lord, of compassion
Please respond by saying in your mercy, hear us.*

*The priest announces a period of silence,
then says a concluding prayer, to which the people respond:
Amen.*

¶ The Liturgy of the Sacrament

¶ Please stand for the **Peace**

¶ Remain standing for the **Breaking of the Bread**

We break this bread
to share in the body of Christ.
**Though we are many,
we are one body,
because we all share in one bread.**

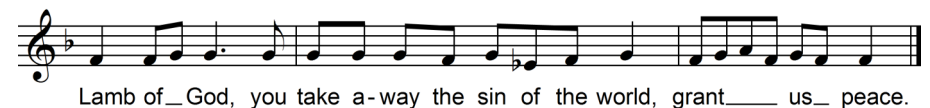
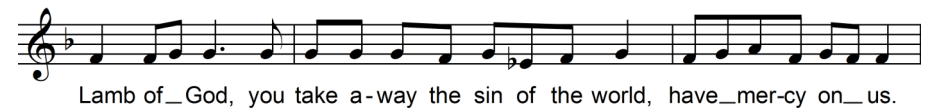
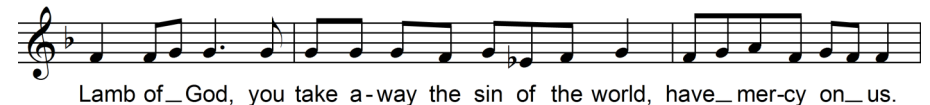
¶ Remain standing for the **Invitation to Communion**

Behold the Lamb of God
Behold him who takes away the sin of the world.
Happy are those who are called to the supper. Of the Lamb
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

¶ Please sit or kneel for the **Lamb of God**

*While the Altar Party receives the Sacrament, the choir leads the
singing of the 'Agnus Dei' (Lamb of God). Please join in singing:*

Plainsong (12th Century)



Distribution of the Sacrament

*Anyone who has been baptised in the name of the Father, Son and
Holy Spirit, and wishes to receive the love of the Lord Jesus in their life,*



And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, the Apostles, the Martyrs and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen.**

*¶ Remain standing for the **Lord's Prayer***

Believing the promises of God,
let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.**

**For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

*¶ Remain standing for the **Offertory Hymn***

*A collection is taken for the mission and upkeep of the Church.
The table is prepared and bread and wine are placed upon it.*

In Christ alone my hope is found,
He is my light, my strength, my song;
This Cornerstone, this solid ground,
Firm through the fiercest drought and storm.
What heights of love, what depths of peace,
When fears are stilled, when strivings cease!
My Comforter, my all-in-all,
Here in the love of Christ I stand.

In Christ alone—who took on flesh,
Fullness of God in helpless babe;
This gift of love and righteousness,
Scorned by the ones he came to save.
Till on that cross, as Jesus died,
The wrath of God was satisfied; *(The love of God was magnified)*
For every sin on Him was laid.
Here in the death of Christ I live.

There in the ground his body lay,
Light of the world by darkness slain;
Then bursting forth in glorious day
Up from the grave he rose again!
And as he stands in victory
Sin's curse has lost its grip on me,

For I am his and he is mine –
Bought with the precious blood of Christ.

No guilt in life, no fear in death,
This is the power of Christ in me;
From life's first cry to final breath,
Jesus commands my destiny.
No power of hell, no scheme of man,
Can ever pluck me from his hand;
Till he returns or calls me home,
Here in the power of Christ I'll stand!

Words and Tune: Stuart Townend (b.1963) and Keith Getty (b.1974)

¶ *Remain standing for the* **Prayer over the Gifts**

God of our journey, as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

¶ *Remain standing throughout the* **Eucharistic Prayer (B)**

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise,
almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart.
Through study of your holy word you open our eyes to your presence in the world
and free our hands to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds we bless you for your mercy
and join with saints and angels for ever praising you and singing:

Plainsong (13th Century)

Ho - ly, ho - ly, ho - ly Lord God of power and might.
Hea-ven and earth are full of your glo-ry, Ho-san-na in the high-est.
Bles-sed is he who comes in the name of the Lord:
Ho - san - na in the high - est.

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will, these gifts of bread and wine may be to us
the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat;
this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Christ is the bread of life: