

## CONTACT DETAILS

If you would like to know more of what is happening in your parish, please visit the calendar on the parish website [www.stivesparishchurch.org.uk](http://www.stivesparishchurch.org.uk) or contact one of the following:

**Vicar** (Revd Fr Mark Amey) [vicar@stivesparishchurch.org.uk](mailto:vicar@stivesparishchurch.org.uk)  
telephone 07308 675777

**Assistant Priest** (Revd Fr Alex Shannon)  
[curate@stivesparishchurch.org.uk](mailto:curate@stivesparishchurch.org.uk) telephone 01480 464667

**Parish Safeguarding Officer & Children's Worker**  
Peter Smith 01480 461329 or 07711 131573  
[safeguarding@stivesparishchurch.org.uk](mailto:safeguarding@stivesparishchurch.org.uk)

### Churchwardens

Martin Collier: 07903 177965 & Barry Wills: 07915 106533  
[churchwardens@stivesparishchurch.org.uk](mailto:churchwardens@stivesparishchurch.org.uk)

### Treasurer

(Mrs Elaine Midgley) c/o Parish Office 01480 716828  
[treasurer@stivesparishchurch.org.uk](mailto:treasurer@stivesparishchurch.org.uk) For Online donations use the following: St Ives PCC, Sort Code: 20-43-63 Account: 60775193

### Gift Aid Officer

Mrs Janet Parker: 01480 300547 or [GAO@stivesparishchurch.org.uk](mailto:GAO@stivesparishchurch.org.uk)

### General Enquiries and items for inclusion in the weekly sheet

should be directed to [office@stivesparishchurch.org.uk](mailto:office@stivesparishchurch.org.uk)  
Requests for Baptisms and Marriages, including Banns:  
please look on the website or email: [office@stivesparishchurch.org.uk](mailto:office@stivesparishchurch.org.uk)

### For Musical enquires (joining the choir or to discuss wedding music)

Please contact the Director of Music, Martin Everett  
[music@stivesparishchurch.org.uk](mailto:music@stivesparishchurch.org.uk)

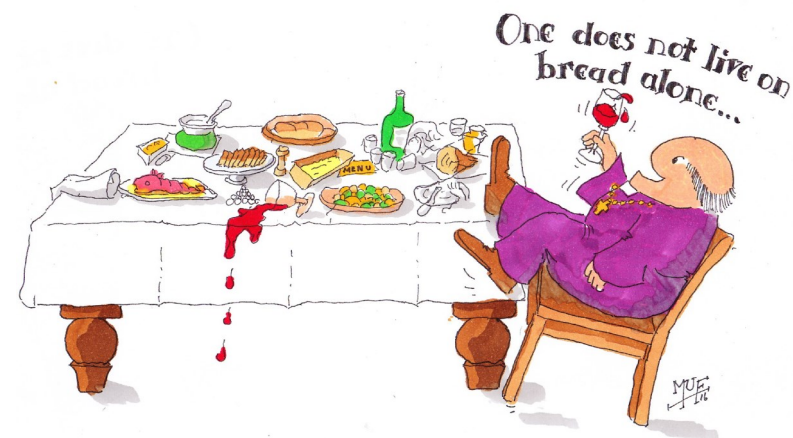
### For queries relating to the Flowers or Bells

[flowers@stivesparishchurch.org.uk](mailto:flowers@stivesparishchurch.org.uk)  
[bells@stivesparishchurch.org.uk](mailto:bells@stivesparishchurch.org.uk)

The Parish Church of All Saints St Ives

## 1 March 2020: the First Sunday of Lent

10.15 Sung Parish Eucharist  
16.00 Sung Evensong



## Services and events for this Week

Monday to Friday: Morning Prayer will be said at 09.00

2 Mon	09.30	Holy Communion
	19.30	Bell-ringing Practice
3 Tues	09.30	Healing Eucharist
	19.30	Spirituality Matters
4 Wed	19.30	Choir Practice
5 Thurs	09.30	Eucharist for Christian Unity
	11.00	Mothers Union
	19.30	2331 Sqn ATC Presentation Evening
6 Fri	09.30	Reconciliation Eucharist
	12.00	Rosary Hour
	14.00	World Day of Prayer service
	19.30	Stations of the Cross

## NEXT SUNDAY 8 March: the Second Sunday of Lent

10.15 Parish Eucharist

Please take this booklet with you when you leave

## **Welcome to All Saints today**

*If you are new or just visiting, please do stay in Church after the service for coffee and fellowship.*

*Please note that wherever indications for posture are given in this booklet, they are for guidance only. Should it suit you better to adopt an alternative posture please feel free to do so.*

*Gluten-free wafers and **Large print copies are available.***

***Please speak to a steward** if you need either of these.*

Please use the time  
**BEFORE the SERVICE**  
to **TALK TO GOD**  
and wait until  
**AFTER the SERVICE**  
to **TALK TO EACH OTHER**

### **PLEASE REMEMBER IN YOUR PRAYERS**

#### **THE SICK:**

Jo Rogers, Pat Etherington, Sophie Cockcroft, Peter Smith, Phillip, Harriet, and all who are sick and housebound

#### **THE DEPARTED:**

Andrew Hancock, Bobby Heather, Louise McMillan, Brenda Smith

#### **YEAR'S MIND:**

Henry Bevis-White (6th)

### **Flowers for Mothering Sunday**

You are invited to make a contribution towards the cost of providing the flowers for Mothering Sunday. This need not be a large amount, but something which could perhaps be part of your Lenten discipline.

### **APCM Reports**

Could all those who are responsible for writing APCM reports and who haven't already, please send your completed reports for year ending 31 December 2019, preferably by email to office.stives@gmail.com

### **Dropbox**

We will shortly be changing the way that Dropbox operates in terms of our parish administration. You will be unable to access Dropbox when we switch, unless you have been given details of the new system. Please email vicar.stives@gmail.com if you are a regular user or need access, to ensure you get the correct login details to avoid difficulties.

**The Sacristy Door Code** will shortly be changing, if you a regular user please look out for an email with updated details.

### **Annual Meeting of Parishioners (AMP) and Annual Parochial Church Meeting (APCM)**

These will take place on the evening of Tuesday 21 April starting at 19.30. We will be joined by Rev Barry Pate, who has an interest in ecological matters and will be inviting speakers from both the diocese and the recently formed St Ives Eco group to answer your questions and perhaps challenge the way we care for God's planet. The AMP will elect two new churchwardens and the APCM will elect two people to serve on Deanery Synod and six to serve on the Parochial Church Council. It will also receive the annual accounts, a report on the fabric and reports of other activities of general interest.

### **Change of phone number**

With immediate effect, the phone number for Fr Mark with regards to church matters will be: 07308 675777.

In his absence this phone will be answered by another church official.

## **Lent Discipline**

In the history of the Church Lent has traditionally been a time of self examination and study, followed by spiritual guidance and/or confession. Starting this Friday, Fr Mark will be pleased to see anyone who feels they would like to have a confidential talk on a one-to-one basis. This can be as formal or informal as you wish and can cover any of the aforementioned topics. It is suggested that 15 or 30 minutes would be a reasonable time in the first instance with follow-up sessions if needed. Please contact Fr Mark to make an appointment.

While we resist temptation, it remains fascinating, alluring, dangerous. It is when we admit the reality of what tempts us that it can be converted into a strength, because it loses its power over us. It becomes not our master, but our servant. In Matthew's account of Christ's temptations, we see something of the process by which Jesus achieved this, and presumably taught his disciples. It shows that sin, as Paul reminded the church at Rome, has to be worked for; but grace comes as a free gift!

## **NOTICES**

**Traybakes** will be on sale during coffee after Mass. Please support.

### **New Collection plates**

Hopefully, you will have noticed that we are using some new plates with a built in Card Reader. This is a temporary measure whilst brass ones in memory of Pru and Reg Pegram are being made. As soon as these arrive we will dedicate them in their memory as part of the legacy they kindly left the church.

### **Spirituality Matters**

During Lent this year we shall have guest speakers to give a presentation talk followed by questions and discussion. Please take posters and/or flyers and circulate them freely.

¶ Please stand when the bell is rung for the **Processional Hymn**

Be thou my vision, O Lord of my heart,  
Be all else but naught to me, save that thou art,  
Be thou my best thought in the day and the night,  
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,  
Be thou ever with me, and I with thee, Lord,  
Be thou my great Father, and I thy true son,  
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight,  
Be thou my whole armour, be thou my true might,  
Be thou my soul's shelter, be thou my strong tower,  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise,  
Be thou my inheritance now and always,  
Be thou and thou only the first in my heart,  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after victory is won,  
Great Heart of my own heart, whatever befall,  
Still be thou my vision, O Ruler of all.

Words: Anon. Irish, probably 8th Century; English versification by  
Eleanor Hull (1860–1935), based on a translation by Mary Byrne (1880–1931)  
Tune *Slane*: Traditional Irish melody, harmonised by MHE

¶ Remain standing for the **Invocation and Greeting**

† In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

¶ Please sit or kneel for the **Introit** (the Lent Prose)

Repeat the Response after the Cantor:



Hear us, O Lord, have mer-cy u-pon us: for we have sinned a - gainst you.

Cantor: To you, Redeemer, on your throne of glory,  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications.

**All: Hear us, O Lord** (as above, once only)

¶ Remain seated or kneeling for the **Prayers of Penitence**

The Priest says the Summary of the Law

Our Lord Jesus Christ said, the first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.  
**Amen. Lord, have mercy.**

**Almighty God, long-suffering and of great goodness:  
I confess to you, I confess with my whole heart  
my neglect and forgetfulness of your commandments,  
my wrong doing, thinking, and speaking;  
the hurts I have done to others,  
and the good I have left undone.  
O God, forgive me, for I have sinned against you;  
and raise me to newness of life;  
through Jesus Christ our Lord.  
Amen.**

¶ Remain standing for the **Final Hymn**

Be thou my guardian and my guide,  
And hear me when I call;  
Let not my slippery footsteps slide,  
And hold me lest I fall.

The world, the flesh, and Satan dwell  
Around the path I tread;  
O, save me from the snares of hell,  
Thou quickener of the dead.

And if I tempted am to sin,  
And outward things are strong,  
Do thou, O Lord, keep watch within,  
And save my soul from wrong.

Still let me ever watch and pray,  
And feel that I am frail;  
That if the tempter cross my way,  
Yet he may not prevail.

Words: Isaac Williams (1802–1865)

Tune Abridge: Isaac Smith (1734–1805)

¶ Remain standing for the **Dismissal**

Go in the name of Christ  
**Thanks be to God.**

*In accordance with an ancient tradition, there are no  
Organ Voluntaries during Lent, except on the Fourth Sunday*

¶ Please stand for the **Prayer after Communion**

The Priest introduces a period of silence with the words

Let us pray.

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.

**Amen.**

¶ **The Dismissal**

¶ Remain standing for the **Notices and Banns of Marriage**

¶ Remain standing for the **Dismissal Gospel**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Jesus said , 'Do not put the Lord your God to the test.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

¶ Remain standing for the **Blessing**

The Lord be with you  
**and also with you.**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
And the blessing of God, † the Father, the Son, and the Holy Spirit,  
Rest on you now and remain with you always.

**Amen.**

¶ Remain seated or kneeling for the **Kyrie and Absolution**



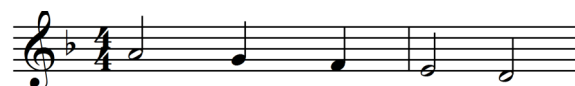
Cantor: Lord, \_\_\_\_\_ have mer - cy.

**All: Lord, \_\_\_\_\_ have mer - cy.**



Cantor: Christ, \_\_\_\_\_ have mer - cy.

**All: Christ, \_\_\_\_\_ have mer - cy.**



Cantor: Lord, \_\_\_\_\_ have mer - cy.

**All: Lord, \_\_\_\_\_ have mer - cy.**

Almighty God, who forgives all who truly repent,  
have mercy upon you, † pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness, and keep you in life  
eternal; through Jesus Christ our Lord.

**Amen.**

¶ Remain standing for the **Collect**

The Priest introduces a period of silent prayer with the words

Let us pray.

Almighty God, whose Son Jesus Christ fasted forty days  
in the wilderness, and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with  
you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

¶ Please join in singing the **Communion Hymn**

## ¶ *The Liturgy of the Word*

¶ Please sit for the **First Reading** (Genesis 2: 15–17, 3: 1–7)

At the end the reader says:

This is the word of the Lord.

**Thanks be to God.**

¶ Please remain seated for the **Responsorial Psalm** (Ps. 32)  
and join in singing the Response

Response and Chant: MHE



For - give, Lord, the guilt of my sin.

Happy the man whose offence is forgiven,  
whose sin is remitted.

O happy the man to whom the Lord imputes no guilt,  
in whose spirit is no guile. (*Response*)

But now I have acknowledged my sins,  
my guilt I did not hide.

I said: 'I will confess my offence to the Lord.'  
And you, Lord, have forgiven the guilt of my sin. (*Response*)

So let every good man pray to you in the time of need.  
The floods of water may reach high  
but him they shall not reach.  
You are my hiding place, O Lord, you save me from distress.  
You surround me with cries of deliverance. (*Response*)

Glory be to Jesus,  
Who, in bitter pains,  
Poured for me the life-blood  
From his sacred veins.

Grace and life eternal  
In that blood I find;  
Blest be his compassion,  
Infinitely kind.

Blest through endless ages  
Be the precious stream,  
Which from endless torment  
Doth the world redeem.

Abel's blood for vengeance  
Pleaded to the skies;  
But the Blood of Jesus  
For our pardon cries.

Oft as it is sprinkled  
On our guilty hearts,  
Satan in confusion  
Terror-struck departs.

Oft as earth exulting  
Wafts its praise on high,  
Hell with terror trembles,  
Heaven is filled with joy.

Lift ye then your voices,  
Swell the mighty flood;  
Louder still and louder  
Praise the precious Blood.

Words *Viva! Viva! Gesù*: Anon., translated by Edward Caswall (1814–1878)  
Tune *Caswall*: Friedrich Filitz (1804–1876)

¶ Please sit or kneel for the **Lamb of God**

Plainsong (12th Century)



Lamb of God, you take a-way the sin of the world, have mer-cy on us.



Lamb of God, you take a-way the sin of the world, have mer-cy on us.



Lamb of God, you take a-way the sin of the world, grant us peace.

## Distribution of the Sacrament

One does not live by bread alone,  
but by every word that comes forth from the mouth of God.

*Anyone who has been baptised in the name of the Father, Son and Holy Spirit, and wishes to receive the love of the Lord Jesus in their life, is welcome to receive communion at this service.*

*If you wish to come for a blessing only, please bring this booklet with you to indicate that this is your preference.*

*National advice from the Church of England at the current time in respect of the threat posed by COVID-19 is that the risk to individuals remains low. At present, there is no Government advice to suggest that the use of the Common Cup should be suspended.*

*Churches should already be following best hygiene practices which include advising parishioners with coughs and sneezes to receive Communion in one kind only.*

*Intinction is not recommended because it poses a danger of infection; it could also be harmful to those who are coeliac.*

*Gluten-free wafers will be distributed from the High Altar only.*

¶ Remain seated for the **Second Reading** (Romans 5: 12–19)

At the end the reader says:

This is the word of the Lord.

**Thanks be to God.**

¶ Please stand for the **Gospel Acclamation**  
and turn towards the Gospel reader

Please repeat the Response after the Cantor:



Praise to you, O Christ, King of e-ter-nal glo - ry.

Cantor: Man does not live on bread alone,  
but on every word that comes from the mouth of God.

**All: Praise to you, O Christ, King of eternal glory.**  
(as above, once only)

¶ Remain standing for the **Gospel Reading** (Matthew 4: 1–11)

The Lord be with you  
**and also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.  
**Glory to you, O Lord.**

At the end of the Gospel the reader says:

This is the Gospel of the Lord.

**Praise to you, O Christ.**

¶ Please sit for the **Sermon**

The Revd Fr Mark Amey (Vicar)

¶ *Please stand for the* **Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

*Please bow for the next three lines*

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

by whom, and with whom, and in whom, in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father, for ever and ever.

**Amen.**

¶ *Remain standing for the* **Lord's Prayer**

Believing the promises of God,  
let us pray with confidence as our Saviour has taught us:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

¶ *Remain standing for the* **Breaking of the Bread**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

¶ *Remain standing for the* **Invitation to Communion**

Behold the Lamb of God, behold him who takes away the sin of the  
world. Blessed are those who are called to the supper of the lamb.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**



Bles-sed is he who comes in the name of the Lord:  
 Ho - san - na in the high - est.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Christ is the bread of life:

When we eat this bread and drink this cup we pro-claim your death, Lord  
 Je - sus, un - til you come in glo - ry.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, the apostles, martyrs and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

¶ Please sit or kneel for the **Prayers of Intercession**

*The Priest introduces the prayers.*

*To the bidding Lord, of compassion*

*Please respond by saying **in your mercy, hear us.***

*At the end of the prayers the priest introduces a period for silent reflection and says a concluding prayer to which all respond:*

**Amen.**

## ¶ **The Liturgy of the Sacrament**

¶ Please stand for the **Peace**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

¶ Remain standing for the **Offertory Hymn**

*A collection is taken for the mission and upkeep of the Church.*

*The gifts of the people are gathered and presented.*

*The table is prepared and bread and wine are placed upon it.*

All my hope on God is founded;

He doth still my trust renew.

Me through change and chance he guideth,

Only good and only true.

God unknown, he alone,

Calls my heart to be his own.

Pride of man and earthly glory,  
Sword and crown betray his trust;  
What with care and toil he buildeth,  
Tower and temple fall to dust.  
But God's power, hour by hour,  
Is my temple and my tower.

God's great goodness aye endureth,  
Deep his wisdom, passing thought:  
Splendour, light and life attend him,  
Beauty springeth out of naught.  
Evermore from his store  
New-born worlds rise and adore.

Daily doth th'Almighty giver  
Bounteous gifts on us bestow;  
His desire our soul delighteth,  
Pleasure leads us where we go.  
Love doth stand at his hand;  
Joy doth wait on his command.

Still from man to God eternal  
Sacrifice of praise be done,  
High above all praises praising  
For the gift of Christ his Son.  
Christ doth call one and all:  
Ye who follow shall not fall.

Words: Robert Bridges (1844 – 1930),  
based on a German text by Joachim Neander (1650 – 1680)  
Tune *Michael*: Herbert Howells (1892 – 1983)

¶ *Remain standing for the* **Prayer Over the Gifts**

Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands,  
for the praise and glory of his name,  
for our good and the good of all his holy church.**

God of our journey, as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord. **Amen.**

¶ *Remain standing throughout the* **Eucharistic Prayer (B)**

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good to give you thanks and praise, almighty God and everlasting  
Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance that through a  
pilgrimage of prayer and discipline we may grow in grace and learn to be your people  
once again. Through fasting, prayer and acts of service you bring us back to your  
generous heart. Through study of your holy word you open our eyes to your  
presence in the world and free our hands to welcome others into the radiant  
splendour of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you  
for your mercy and join with saints and angels for ever praising you and singing:

Plainsong (13th Century)

